



Coronavirus Natnak 2019 (COVID-19) Testing thawn Thusuhnak pawl

Updated March 15, 2020

Tuvek ih harhdamnak lam buainak tumpi a cang rero lai caan ah, nan doctor hnenah tonawk theinak caan (appointment) dilta lo in va feh hlah uh. Ko hmaisai ta tenteng uh.

A besia tuk lomi mina kha Emergency ah hruai hlah uh. Inn ah um sawn sehla, a harhdamnak zohtheutu primary doctor kha phone in ziangtin kan fingshawing ding timi kha sut sawn uh.

Nidang ih Lab na test awk vek thotho in, tulai nat COVID-19 test khal hi na harhdamnak lo zohtu doctor a lo fial ding. COVID-19 Test hi miza pi hrangah a tul lo. Test theinak thilri tam deuh ih kan ngah tikah, minung tam deuh test theih khal a si leh ding.

Ka test duh tikah, khui tawkah test a theih? Zo ka sut ding?

Na harhdamnak lo zohtu doctor in COVID-19 test ding in thupek theinak a nei. Curuangah, amah thawn test ding thu hi na relta tul. Na harhdamnak zohtu in na test thei a lo ti theinak cu thu tampi a zohta tul: na natnak a lo hmuh daan, a testnak thilri a um le um lo, lo testnak hrangih sample an lo lak dingmi kha him zet ih lo lak theinak a si maw si lo ti pawl an zoh ta ding. Tu tiang ahcun, Maryland Department of Health le khua sungih sizung pawl ahcun COVID-19 hrangah sample zohman in an la lo.

Ka harhdamnak zohtu ih thu lo in test ka tuah thei maw?

Tuah thei lo. Na harhdamnak a lo zohtu lawng in COVID-19 test na tuah thei tiah a fial thei. Cuhnu ah, na sample an lo la dingih cuimi kha datkhuanak hmun Lab ah an kuat sin ding.

Ka harhdamnak zohtu in na test thei lo i ti. Ziangruangah?

Na harhdamnak zohtu in COVID-19 test na tul maw tul lo timi cu amah in a relcat dingmi a si. A relcat theinak dingah thuhla a phunphun a zohta tul: na natnak a lo hmuh daan, thilri a daih in a um le um lo, le lab thilri le hmunhma remcaang daan ti pawl a zohta a tul. Himi natnak pianhmang (symptom) a nei lomi pawl cu test khal an tul lo.

Test dingah a tlak timi tahnak ah cu ka tling lo. Asinan, ziangah in test thotho mei lo?

Test dingah hi pawl cu an tling, tling lo tiih tahnak a um lo. Siikhan ih na piahawknak in COVID-19 test na tul ti an hmuh ahcun test ding in thu an suah thei mei. Na harhdamnak zohtu in COVID-19 test na tul ti dingah thu tampi a zohta: na natnak a hmuh daan, testnak thilri a um le um lo, cun, cumi a lo saantu ding Lab a um maw ti pawl a zohta ding.

Ziang pawl hi an test theu? Ziangtin test daan ding teh?

Lab pakhat le khat ih tulmi a dang cio. A tlaangpi thu in, na hnar lole na dang ah patpe te in an lo tok ding. Na harhdamnak lo zohtu (healthcare provider) in an lo sian ahcun, anmah in ziangvek sample pawl an lo lak a tul timi kha a lo theihter ding.

Result suak dingah ziangtluk a rei?

Himi cu ziang Lab na hmang timi parah a thum aw ding. Himi cu na primary doctor thawn rel tlaang uh: ziangtluk a rei ding, khuimi Labs in test an tuah ding, ziangtin result ka ngah ding ti pawl relpi aw.

Zo in in testnak ding hmun private lole mipi hmanmi labs ah test ding ti relcat ding?

Himi hi nangmah a lo zohtu doctor pakhat khat in private ah maw, commercial labs ah na feh ding timi cu a lo relcat sak ding. Nangmah a lo zohtu doctor in COVID-19 test na tul/tul lo ti cu thu tampi parah a zoh: na natnak a lo hmuh daan, testnak thilri a um maw, na ciil le hnap an lo laknak ding him zetmi hmun a um maw ti pawl a zoh ding. COVID-19 testnak hrangah na insurance ih lungkimnak lakta a tul lo.

Ziangruangah mi tampi test theinak a um lo?

COVID-19 cu natnak thar a si. Labs pawl khal mi tampi test thei ding in an zuam nasa. Testnak thilri an tuah rero lai ih tam pi kan neih tikah mi tampi test theih a si leh ding.

COVID-19 ngahmi thawn kan tong aw tla a si thei. Ziang ka tuah ding?

COVID-19 ngahmi thawn nan tonawk ngah pang tikah, ziang ka tuah ding timi cu ziangvek in cuih mina thawn nan tong aw timi parah a thum aw ding.

Center for Disease Control and Prevention (CDC) pawl ih simnak ahcun, COVID-19 nat neitu thawn caan rei nawn pi 6 hman hlat lo ih nan um tikah cucu naizet ih tong aw (close contact) tiah an ko.

Zokhal, a hlei in naizet ih tong aw tu hmuahhmuah cu amah le mah natnak sign pakhat khat ka nei maw, ka taksa le sa lo ni khat ah vei hnih tal a check awk a tul, dam lonak a neih tikah culole a taksa 100.4F lole tlunlam a kai tikah, anmah te midang thawn pawlkom lo rori ih an um lohli a tul. Cun, an doctor hnenah ziang tuah a tul ti phone in an kawh a tha tiah an sim.

Tulai ih CDC pawl ih simbetmi cu nat neitu thawn naizet ih nan um tlaang ahcun, hnaturan lo le tlawngkai lo in inn ah ni 14 sung na harhdamnak zohfel aw dingah na um a tha tiah an ti.

Test tuah dingah mah le umnak ih health department ih siannak a tul hmaisaw maw?

Tul lo. Na harhdamnak a lo zohtu doctor in COVID-19 test kha nan health department suh tul lo in test dingah a lo fial cih mei thei.